

# BeliefWorks

## The Art of Living Your Dreams

"When you change what you believe, you change your story about yourself, and suddenly life becomes a beautiful dream. *BeliefWorks* will show you how."

**-don Miguel Ruiz, M.D. author of The Four Agreements**

"...an inspiring, practical roadmap for creating the kind of life we all long to live."

**- Patricia Aburdeen, author, MEGATRENDS 2010**

"Dispelling the myth that we are frail biochemical machines controlled by genes, leading edge science now emphasizes the starring role our experiences and perceptions play in regulating our biology and behavior. *BeliefWorks* expands upon this awareness, offering insights into how beliefs create every aspect of our personal reality. I highly recommend this inspiring book as a guide for experiencing a life overflowing with peace, happiness and love."

**-Bruce H. Lipton, PhD, author, The Biology of Belief**

"*BeliefWorks* was hard to put down! I kept marking passages to go back to and reread or read to my husband. Thank you for assisting me on my journey."

**—Marti Woodward, Leadership Coach, Colorado**

"Extending the penetrating insights revealed in "The Power of Belief", *BeliefWorks* offers even more. I highly recommend it."

**—Alan Nordstrom, Ph.D.,  
Professor of English, Rollins College**

"Simple, straightforward, and immensely inspiring . . ."

**—Simeon Hein, Ph.D., author, Planetary Intelligence**